

Swirly Cherry and Yogurt Ice Pops

Ingredients:

4 cups pitted sweet cherries

1 cup frozen lemonade concentrate

1 cup low-fat vanilla yogurt

Directions:

Combine cherries and 1 cup of lemonade concentrate in food processor and process until smooth. Set aside.

Pour mixture into popsicle molds, alternating with spoonfuls of yogurt. Using a wooden skewer or thin knife, gently mix layers to create a swirl effect.

Freeze molds until firm. Unmold by briefly dipping in warm water to loosen pop.

~ Credit: calcherry.com